



# breathment

**Name:** *Breathment*

**Version:** 1.0

**Manufacturer**



Breathment UG (haftungsbeschränkt)

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**Release date**

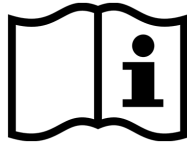


2023-07-24

**CE-Label**



## Instruction for Use



Please read the instructions for use. This can be found in the imprint and can also be accessed at:

- [IFU Therapy App](#)
- [IFU MyClinic](#)

## Intended Use



Breathment is a Class I medical device.

Guidance of the patient in self-use through the activities of pulmonary rehabilitation such as relaxation techniques, physical and respiratory training. Guidance is provided according to a therapy plan determined by the physiotherapist. Collection and processing of self-evaluation data via standard surveys, activity (via the mobile device in the format of the daily step count) and training performance data for the patient and the responsible physiotherapist.

Breathment supports patients over 18 years of age with a diagnosis of (ICD-10) J44: Other chronic obstructive pulmonary disease. Provided that contraindications and other causes requiring specific therapy have been ruled out.

Contraindications with ICD-10 code

- Advanced heart failure (I50.-)
- Heart disease
- Unexplained complaints of the cardiovascular system (I51.-)
- Pulmonary embolism, pulmonary artery infarction (I26.-)
- Deep vein thrombosis (I80.2-) Current infection
- Pregnancy (O09.-)

Relative contraindications with ICD-10 code. Only after detailed consultation with a healthcare professional if any of the following conditions are present (relative contraindications):

- Pre-existing musculoskeletal conditions such as herniated discs (M51.-).
- Reduced bone density (M80.- / M81.-)
- Operations in the area of the spine and large joints (Z98.-)
- Neurological disorders such as recent cerebral infarction (I63.-)

- Gait unsteadiness (R26.-)
- Frequent fall events (R29.6)
- Cardiac conditions (I51.9)
- Condition after myocardial infarction (I21.-)
- Morbid (severe) obesity due to excess calories (E66.01)